

Reference	1. Was an 'a priori' design provided?	2. Was there duplicate study selection and data extraction?	3. Was a comprehensive literature search performed?	4. Was the status of publication (i.e. grey literature) used as an inclusion criterion?	5. Was a list of studies (included and excluded) provided?	6. Were the characteristics of the included studies provided?	7. Was the scientific quality of the included studies assessed and documented?	8. Was the scientific quality of the studies used appropriately in formulating conclusions?	9. Were the methods used to combine the findings of studies appropriate?	10. Was the likelihood of publication bias assessed?	11. Was the conflict of interest included?	Used in PICO
Storebo, 2015	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	7
Storebo, 2018	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	7
Joseph, 2017	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	No	No	8
Punja, 2016	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Can't answer	9
Liu, 2017	No	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	No	11
Cortese, 2018	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	None